

## FAMILY AND CONSUMER SCIENCES 1

**Course Code: 5808**

Family and Consumer Sciences 1 is a comprehensive course designed to provide students with the core knowledge and skills needed to manage their lives. Project based instruction provides students with opportunities to utilize higher order thinking, communication, and leadership skills impacting families and communities. Concepts incorporate personal development, healthy lifestyles, child development, family life, and consumer awareness into a rigorous and relevant curriculum. Integration of the Family and Consumer Sciences student organization, Family Careers, and Community Leaders of America (FCCLA), greatly enhances this curriculum.

**Objectives:**

Students will:

1. analyze various types of relationships.
2. identify career, community and family connections.
3. explore the impact of various factors on the family.
4. demonstrate healthy lifestyle skills.
5. assess the rights and responsibilities of consumers.
6. critique textiles and apparel regarding the affect on visual appearance.

**Credit:**

1

**National Certifications:**

ServSafe - <http://www.schospitality.org>

The Be Real Game - [www.scois.org](http://www.scois.org)

American Red Cross Certifications  
<http://www.redcross.org/>

LifeSmarts – <http://lifesmarts.org>

**Recommended Grades:**

9-10

**Prerequisites:**

none

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**Textbooks:**

**Family and Consumer Sciences 1 and 2**  
**(Consumer and Homemaking 1 and 2)**

**Glencoe/McGraw-Hill**

**Creative Living, 7th Edition**  
Student Edition

Author:Glosson, et al.  
0026481448 09-12 2000 \$45.48

*Creative Living* provides objectives for each lesson. Correlations with South Carolina standards, unit motivators, Family, Career, and Community Leaders of America (FCCLA) activities, unit focus on creative thinking skills, school-to-work activities, technology integration, and review and evaluation are available through the book. Units include personal development, relationship skills, families and friendship, childcare and development, management and consumer decisions, foods, nutrition and wellness, clothing and textiles, and housing and living spaces.

**Goodheart-Willcox Company**

**Skills for Personal and Family Living**  
Student Edition

Author:Parnell  
1590701003 09-12 2004 \$45.96

*Skills for Personal and Family Living* is a comprehensive text that encourages the student to meet the challenges of life. Responsible behavior and decision making is fostered through activities and content. Teaching strategies for all ability levels are included in the teacher's edition. There are number opportunities for critical thinking and cooperative learning.

**Goodheart-Willcox Company**

**Strengthening Family and Self**  
Student Edition

Author:Johnson  
1590701224 09-12 2004 \$43.98

*Strengthening Family and Self* is a comprehensive text that encourages personal growth and strong family relationships. Various learning styles are addressed. Career connections, technology activities, as well as cross-curricular activities are included.

<http://www.mysctextbooks.com/>

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**High School Education:** childcare assistants/workers, spa attendants, funeral attendants, shampooers, companions, sales representatives, community food service worker, community housing service worker, emergency and relief workers, barbers, cosmetologists, nail technicians, personal and home care aides, small business owner

**Postsecondary Education:** teachers' assistants, childcare facilities assistant director, residential advisor, personal trainers, massage therapists, certified financial planners, skin care specialists/estheticians, buyers, market researchers, funeral directors

**Postgraduate Education:** family and consumer sciences teacher, childcare facility director, school counselor, educators for parents, psychologists, dieticians, licensed professional counselors, mortuary scientist, social worker, consumer credit counselor, consumer affairs officer, employee benefits representative

### **Standards Revision Committee:**

Loretta Bush  
Midland Valley High School

Melanie Powley  
Winthrop University

Shaun Boynton  
Lower Richland High School

Lissa Deese  
Goose Creek High School

Sherry Gore King  
SC Department of Consumer Affairs

Jessie Robinson  
SC Department of Education

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### **A. Interpersonal Relationships**

1. Analyze personal character traits that impact interpersonal relationships.
2. Compare functions and expectations of various types of relationships.

### **B. Career, Community, and Family Connections**

1. Compare potential career pathways including the knowledge skills and attitudes associated with Family and Consumer Sciences.
2. Demonstrate leadership, citizenship, and teamwork skills required for success.
3. Identify the purpose, function, roles and responsibilities of professional and youth organizations.

### **C. Family**

1. Analyze the impact of family as a system on individuals and society.
2. Interpret global influences on today's families.
3. Explore the impact of cultural diversity on individuals and families.

### **D. Early Childhood, Education, and Services**

1. Evaluate safe and healthy environments for children.

### **E. Nutrition and Wellness**

1. Explain food safety and sanitation procedures.
2. Identify nutrition and wellness practices that enhance individual and family well-being.

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**F. Consumer and Family Resources**

1. Justify the use of resources in making choices that satisfy needs and wants of consumers and families.
2. Explain the impact of technology on consumer and family resources.

**G. Consumer Services**

1. Recommend strategies to improve the environment, i. e. conserving, reusing, and recycling resources.

**H. Textiles and Apparel**

1. Compare the ways in which fabric, texture, and pattern can affect visual appearance.